

## CURRICULUM VITAE

### ROSALIE U. VALDRES

#### EDUCATION

- |      |                 |  |
|------|-----------------|--|
| 2017 | DNP student     | Texas Woman's University<br>Houston Texas 77030  |
| 2000 | FNP Certificate | Houston Baptist University<br>Houston, Texas   |
| 1990 | MSN             | University of Texas Health Science Center-Houston<br>Houston, Texas                          |
| 2011 | Post Graduate   | Intermountain Healthcare: Clinical Safety and<br>Effectiveness Program; MDACC, Houston Texas |

#### LICENSURE INFORMATION

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|------|---|
| 1993 | Clinical Nurse Specialist; Texas Board of Nurse Examiners,<br>Expiration: Nov. 2019 |
| 1985 | Registered Nurse, Texas Board of Nurse Examiners<br>Expiration: November 2019       |
| 2000 | Family Nurse Practitioner Board Certified<br>ANCC Expire November 31, 2020          |

#### PROFESSIONAL AND TEACHING EXPERIENCE

##### Academic

- |              |  |
|--------------|--|
| 2013-present | Adjunct Clinical Assistant Professor<br>Prairie View A&M University College of Nursing<br>Houston, Texas 77030 |
| 2001–2007    | Adjunct Instructor, BSN program<br>Prairie View A&M University College of Nursing<br>Houston, Texas 77030      |

1990 – 1997 Lead Instructor, Houston Community College School of Nursing  
Weekend program - Associate Degree in Nursing  
Houston, TX 77030

**Courses Taught:** NURS 5362, NURS 5245, NURS 5216, NURS 5257

### **Non-Academic**

April 2013- present. Nurse Practitioner- General Internal Medicine  
509 W Tidwell Suite 200  
Houston, Texas

2000 – 2012 Nurse Practitioner & Midlevel Manager;  
MD Anderson Cancer Center  
General Internal Medicine and Emergency Center  
Houston, TX

2000-2005 Telephonic Nurse Educator and Patient Support  
Amerisource Bergen (Campath drug)  
100% online weekend coverage

1997 - 2000 Nurse Practitioner, MD Anderson Cancer Center  
Bone Marrow Transplant  
Houston, TX

1997 -1998 Nurse Practitioner, MD Anderson Cancer Center  
Neurosurgery Department/Pain and Palliative Care  
Houston, TX

1995 -1997 Nurse Practitioner, MD Anderson Cancer Center  
Lifecheq, Cancer Prevention and Screening – Corporate  
Houston, TX

1990- 1995 Nurse Practitioner, MD Anderson Cancer Center  
Radiation Therapy Department, Houston Texas 77030

1986 -1990 Registered Nurse, MDACC  
Emergency Center, Houston, TX

1980 1986 Registered Nurse, The Methodist Hospital, Houston, TX

**DNP PROJECT:** “Preceptor Commitment: a process improvement project”

### **PUBLICATIONS:**

Invited Articles and Peer reviewed Journals:

Escalante CP, Manzullo E, **Valdres R.** A Cancer-Related Fatigue Clinic: Opportunities and Challenges. Journal of The National Comprehensive Cancer Network (JNCCN) Vol. 1, No. 3:333-343, 7/2003.

Escalante CP, Weiser MA, Manzullo E, Benjamin R, Rivera E, Lam T, Ho V, **Valdres R**, Lee EL, Badrina N, Fernandez S, DeJesus Y, Rolston K. Outcomes of Treatment Pathways in Outpatient Treatment of Low Risk Febrile Neutropenic Cancer Patients. *Supportive Care Cancer* Vol. 12:657-62, 9/2004.

Escalante CP, Manzullo EF, Lam TP, Ensor JE, **Valdres RU**, Wang XS. Fatigue and its Risk Factors in Cancer Patients Who Seek Emergency Care. *Journal of Pain and Symptom Management* 36(4):358-66, 10/2008.

Escalante CP, Manzullo EF, Kallen M, **Valdres RU**, Morrow PK. Outcomes of a Cancer-Related Fatigue Clinic in a Comprehensive Cancer Center. *Journal of Pain and Symptom Management*. In Press.

**Valdres RU**, Escalante C, Manzullo E. Fatigue: A Debilitating Symptom. *Nursing Clinics of North America* Vol. 36, No. 4:685-94, 2001

Escalante, CP, Manzullo E, **Valdres R**. Cancer-Related Fatigue Clinic: Opportunities and Challenges. *Journal of the National Comprehensive Cancer Network (JNCCN)* Vol. 1(3):333-43, 7/2003.

Escalante CP, Weiser MA, Manzullo E, Benjamin R, Rivera E, Lam T, Ho V, **Valdres R**, Lee EL, Badrina N, Fernandez S, DeJesus Y, Rolston K. Outcomes of Treatment Pathways in Outpatient Treatment of Low Risk Febrile Neutropenic Cancer Patients. *Support Care Cancer* 12(9):657-62, Aug 9-23, 9/2004.

Geraci JM, Tsang W, **Valdres RV**, Escalante CP. Progressive Disease in Patients with Cancer Presenting to an Emergency Room with Acute Symptoms Predicts Short-Term Mortality. *Support Care Cancer* 14(2):161-166, 10/2006. e-Pub 3/2006.

Escalante CP, Manzullo EF, Lam TP, Ensor JE, **Valdres RU**, Wang XS. Fatigue and its Risk Factors in Cancer Patients Who Seek Emergency Care. *J Pain Symptom Manage* 36(4):358-66, 10/2008. e-Pub 4/2008

Escalante C.P., Kallen M. A., **Valdres R.**, Morrow P.K., Manzullo E. Outcomes of a Cancer-Related Fatigue Clinic in Comprehensive Cancer Center. *Journal of Pain and Symptom Management*. In Press.

Escalante CP, **Valdres R**, Lam T, Manzullo E. Febrile Cancer Patients Seeking Acute Care: How Tired are They? Program/Proceedings American Society of Clinical Oncology, Orlando, FL:p.791s, 5/2005

Escalante CP, Kallen MA, Manzullo E, **Valdres R**, Lam T, Cleeland C. Too Tired to Recover? Outcomes of a Cancer-Related Fatigue (CRF) Clinic. *MASCC/ISOO 2008 International Symposium* 16(6):650-651, 6/2008.

Escalante CP, Kallen MA, Duffy J, **Valdres R**, Morrow P.K, Manzullo E. Patient Apathy and Increased Symptom Burden: Initial Experiences in a Cancer-Related Fatigue (CRF) Clinic. MASCC 2009, 2009.

Escalante C, **Valdres R**. The Building of a Cancer-Related Fatigue Clinic. In: Ambulatory Nursing in The Oncology Setting, 413-421, 2006

### **Teaching Aids/ Book Chapter**

Escalante, C., **Valdres, R.**, Oncology Nursing in the Ambulatory Setting: “The Building of A Cancer Related Fatigue Clinic” Jones and Bartlett, 2005.

Yeung, S, Escalante, C., Valdres, R. Oncologic Emergencies: “Triage”. BC Decker, Inc. Hamilton. 2002

**Valdres, R.** “Guide to Managing Your Chemo Treatment: Fatigue”. Patient education packet, The University of Texas M. D. Anderson Cancer Center. 2002.

### **Presentations and Abstract**

**Valdres R**, Manzullo E, Escalante C. Clinical Predictors of Severe Fatigue in Solid Tumor Patients Seeking Acute Care. IN Program/Proceedings American Society of Clinical Oncology, New Orleans, LA (#1057), 6/2004.

Escalante CP, **Valdres R**, Lam T, Manzullo E. Febrile Cancer Patients Seeking Acute Care: How Tired are They? IN Program/Proceedings American Society of Clinical Oncology, Orlando, FL:791s, 5/2005.

Managing Fatigue, 2007 Brain Tumor Patient Conference: Together In Hope, Houston, TX, 5/19/2007

Tired of Resolutions or Are You Just Tired?, The Beth Sanders Moore Young Breast Cancer Survivors Program: A New Year, A New Direction, The University of Texas M. D. Anderson Cancer Center, 1/27/2007

Managing Fatigue, Living Fully with and Beyond Cancer Conference, The University of Texas M. D. Anderson Cancer Center, Houston, TX, 9/7/2007

Managing Fatigue, Frankly Speaking About Lung Cancer, The University of Texas M. D. Anderson Cancer Center, Houston, TX, 11/13/2007

Managing Fatigue, 2005 Brain Tumor Patient Conference: Together In Hope, Houston, TX, 4/30/2005

“Neutropenia from A to Z” Ambulatory Care Nursing Association, Houston Chapter, Houston, Texas.

“Cancer Related Fatigue Comprehensive Assessment” International Family Nursing Conference, British Columbia, Vancouver, Canada. 6/3/2005

“Tools Utilization in the Comprehensive Assessment of Fatigue” Oncology Nursing Congress Meeting, Orlando, Florida 4/28/2005

“Cancer-Related Fatigue Management” Together in Hope National Brain Tumor Conference, Intercontinental Hotel, Houston, Texas, 4/30/2005

## **GRANTS & AWARDS**

2018 – Applied for ANEW (Advanced Nursing Education Workforce Program) through Health Resources & Services Administration (HRSA)

2012 - 2000 - \$75K grant received for Cancer Related Fatigue Research

2001 & 2004 – Recipient – Runner up for Ethel Fleming Awards

2004 – Recipient – Most Outstanding Poster Presentation AANP National Convention

2004 – Recipient - Most Outstanding Poster Research Presentation (AANP meeting)

## **RESEARCH INTEREST:**

Nurse Practitioner Preceptor Shortage

Clinical Site Shortage for Nurses and Nurse Practitioners

## **WORKSHOP & CONFERENCES**

2019 National Organization for Nurse Practitioner Faculty (NONPF) Annual Conference, Atlanta, Georgia

2018 SOHO (Society of Hematologic Oncology Sixth Annual Conference)

2018 PRIMED Southwest Annual Conference

2017 SOHO Annual International Conference

2017 PRIMED Southwest Annual Conference  
2017 Spring TNP Primary Care & Pharmacologic Conference  
2016 SOHO Annual International Conference  
2016 PRIMED Southwest Annual Conference

## **HONORS**

2017 - 2019 – Recipient Good Samaritan Scholarship Foundation, Healthcare & Nursing Education Foundation Scholarship, and Visiting Nurse Association Scholarship Award  
2017 & 2018 – Recipient Visiting Nurse Association Scholarship Award  
2018 – Recipient Greater Houston Community Foundation (GHCF) Award  
2001 & 2004 – Recipient – Runner up for Ethel Fleming Awards  
2004 – Recipient – Most Outstanding Poster Presentation AANP National Convention  
2004 – Recipient - Most Outstanding Poster Research Presentation AANP National Convention  
1988 - Recipient - Good Samaritan Scholarship Foundation

## **ADDITIONAL INFORMATION**

2000 Founder: Cancer Related Fatigue Clinic (Nurse Practitioner Run); MDACC Utilization of multiple tools in Cancer Related Fatigue Assessment  
2005 Founder: Anticoagulation Clinic at MDACC  
2012 Founder Houston Health Direct  
2005 – 2008- NCLEX (National Council of state Board of Nursing) Test Question Item Development & Review – Panel Member

## **COMMUNITY ACTIVITIES:**

### **Local**

2010 to present – Annual participation and facilitator Health Fair at St Maximillian Kolbe  
2017 Volunteer - providing medical care to “Harvey Victims”  
2016 & 2017 Volunteer –Medical Mission to the Philippines

**Regional**

2005–2008 Texas Nurse Practitioner, Education and Conference Committee Member

**State**

2011-2012 Houston Area Nurse Practitioner, Education and Conference Planning Committee

2000-2012 - Education Committee Officer/Member – MD Anderson Cancer Center

2004-2012- Cancer Fatigue Support Group - Coordinator/Facilitator  
MD Anderson Cancer Center, Houston, Texas